

Breastfeeding Support - January 2024

Midlands Partnership University
NHS Foundation Trust



Your local Health Visitor Hub for information & support:

Children and Families Health and Wellbeing Single Point of Access (CaFSPA) -

Freephone 0808 178 0611 press option 1 (central HUB for all areas covered by Staffordshire County Council)

Stoke Hub - Freephone 0808 178 3374 for all Stoke-on-Trent areas

FHWS Breastfeeding Support Group



Rugeley Rose
Theatre
Taylors Lane
Rugeley
WS15 2AA

Drop in for a chat, a cuppa
and to meet other new
parents.

Everyone welcome

Every
Wednesday
13:30 - 15:30



@cannockandrugeleyhvs

National Breastfeeding Helpline

09.30 - 21.30 each day.


Webchat service also available - see website for details

www.nationalbreastfeedinghelpline.org.uk



For further information and additional links to evidence based sources of support, search 'infant feeding support' at: www.mpft.nhs.uk

INFANT FEEDING HELP AND SUPPORT ON RETURN HOME

University Hospitals of North Midlands 
NHS Trust

Breastfeeding support at the Royal Stoke Maternity Unit

Breastfeeding support is provided by all staff. There is also an Infant feeding team who provide additional support within the maternity unit, via telephone and face to face following discharge home.

The Infant feeding team can be contacted on 01782 672212 or bleep through main switchboard 01782 715444 bleep 15811. Support is available during pregnancy and following the birth of your baby.

A 24 hrs helpline is available for all feeding issues at Royal Stoke Maternity Unit- 01782 672200

www.uhnm.nhs.uk visit the Maternity pages for further information

Breastfeeding support at University Hospital of Derby and Burton



www.uhdb.nhs.uk visit the Maternity pages for further information.

Breastfeeding support at Walsall Healthcare NHS Trust



Infant Feeding Support Service 01922 605 248 Available Monday - Friday: 09.00am - 17.00pm (except Bank Holidays)

Facebook: @Walsall Welcomes Breastfeeding

Friday 11:00 - 12:30 Peer Support Group, North Locality Hub, 275 Blakenall Heath, WS3 1HJ

The parent and volunteer led breastfeeding support groups listed opposite offer a warm welcome to breastfeeding mums and their babies; providing a valuable chance to meet up

with other parents, share ideas and practice breastfeeding when out and about.



However, the groups are not usually attended by a Health Professional so if you feel breastfeeding is not going so well or have concerns regarding the health of your baby it is advised that you seek advice from your Health Visitor, Midwife or GP.

For further information search

'infant feeding' at:
www.mpft.nhs.uk

Please check with local groups for their operating times before making a special journey

Parent & Voluntary Led Breastfeeding Support Groups - January 2024

Monday

09:15 - 10:30 **Breastfeeding Group, Spark Springhill, Mossbank Avenue, Burntwood WS7 4UN**

www.facebook.com/sparkburntwood

10:00 -11:30 **Milk Fairies CIC Breastfeeding Support Group, Leyfields Children's Centre, Masefield Drive, B79 8JB**

£2.00 per family **FPC** No Need to Book. Tel: Ellie Fielding 07598926785 Email: milkfairiescic@gmail.com

12:30 - 14:00 **Breastfeeding Network, Treehouse Family Hub, Dawlish Drive, Bentilee ST2 0HW –8th, 15th, 22nd,29th Jan**

To find out more: e:Stoke@breastfeedingnetwork.org.uk f:[@BreastfeedingNetworkStoke](https://www.facebook.com/BreastfeedingNetworkStoke)



13:45-15:00 **The Boob Group Cannock Chase Children's Centre, Cannock Rd, Cannock WS11 5BU**

www.facebook.com/groups/121316094557468/ email Michelle-safehands@hotmail.co.uk - Check hours during school holidays

Tuesday

10:00 - 12:00 **Breastmilk Mummies, East Staffs Children's Centre, Waterloo St, Burton DE14 2NJ**

www.facebook.com/groups/breastmilkummies

10:30 - 12:00 **NCT Bumps, Babies & Baby Café' Lichfield District Council offices, Frog Lane WS13 6YU**

www.facebook.com/lichfieldtamworthnct

Wednesday

12:30 - 14:00 **Breastfeeding Network, Tunstall Family Hub, High Street, ST6 5PH - fortnightly**

To find out more: e:Stoke@breastfeedingnetwork.org.uk f:[@BreastfeedingNetworkStoke](https://www.facebook.com/BreastfeedingNetworkStoke)



Thursday

10:00 - 11:30 **Werrington, Werrington Library ST9 0JS** www.facebook.com/Werringtons-Breast-Babies-337639940512105

10:00 - 11:30 **Breastfeeding Network, Thomas Boughey Family Hub, College Rd, Stoke ST4 2DQ—11th, 18th, 25th Jan**

To find out more: e:Stoke@breastfeedingnetwork.org.uk f:[@BreastfeedingNetworkStoke](https://www.facebook.com/BreastfeedingNetworkStoke)



Friday

10:00 - 11:30 **Breastfeeding Network, Westfield Children's Centre, Buccleuch Road, ST3 4RF—12th, 19th, 26th Jan**

f:[@BreastfeedingNetworkStoke](https://www.facebook.com/BreastfeedingNetworkStoke) e:Stoke@breastfeedingnetwork.org.uk—additional support available via Zoom



11:00 - 12:30 **Walsall Breastfeeding Peer Support, North Locality Hub, 275 Blakenall Heath, WS3 1HJ**

Walsall Healthcare 
NHS Trust

12:30 - 14:30 **Leek Breastfeeding Group, HomeStart, Earl Street, Leek ST13 6JT**www.facebook.com/leekbreastfeeding

MONTHLY **Uttoxeter Breastfeeding Group** www.facebook.com/groups/1163732737151356/ see page for details