



## What will happen if I have to go to hospital because of the Coronavirus?

The coronavirus is a type of illness that makes people feel poorly.



People who have the Coronavirus may:

- Have a sore throat
- Have a high temperature
- Have a cough
- Find it more difficult to breathe than normal



Most people who have Coronavirus will be able to stay at home and will start to feel better within 7 days.



If you are admitted to hospital it will be because you are too poorly to get better at home.



## If people think you have COVID-19 you might need to go to hospital if:

- If you are not feeling any better after 7 days
- A doctor or NHS 111 has told you to go hospital
- You are finding it hard to breathe.



## If you need to go to hospital:

You will need to bring some things with you. Some of the things you need to bring with you are here:



- Things to wash yourself
- Clean Pyjama's or a Nightdress and Dressing gown and your slippers.
- Things that you will keep you busy when feeling better, books, magazines, music or puzzles.
- Any medication that you take each day



It's important to go to hospital if the doctor tells to.

This is so you can get better.



In hospital it's important that the virus is not allowed to spread.

People in hospital will already be poorly.



People at the hospital will be able to give you the right medicines and treatment that you need.



They will wear Personal Protective Equipment like Glasses, Apron, Gloves and Face Masks.

This will make people look a bit different.



It's important that the people at the hospital wear Glasses, Aprons, Gloves and Face Masks. This helps to keep them and other people safe.



You will be tested at the hospital to check that you have the Coronavirus. This is so people can help you get better.



The doctor or nurse will take 2 swabs. Swabs are like big cotton buds.



The doctor will put one swab into your mouth and rub it at the back of your throat.



Once the doctor or nurse has done this, they will put another the swab into your nose and rub it around.

It might feel uncomfortable, but it will be over very quickly.



The swabs will be tested to see if you have the Coronavirus.



If you have the Coronavirus people at the hospital will tell you that you have got the virus.



If you have more tests at the hospital like a Chest X-ray, they might bring X-ray machine to you in your bed.



This is so infection is not spread around the hospital.



If you have coronavirus you might be in a ward with other people that have the Virus or in a room on your own.



You might see other people at hospital that are not very well.





You might not be allowed visitors at the hospital. This is to try and stop the infection from spreading.

If you are allowed a visitor this will be one person like a family member or a Support Worker.



The visitor will have to follow what the hospital says to keep them safe.

Visitors might be asked to wear masks, gloves and aprons like other people at the hospital.



It is good to have one person that knows everything that is happening.

This could be a family member, or staff that support you.



This person will be able to let everyone know what is happening while you are in hospital.



You might feel very poorly when you are in hospital. You might have to take medicine that you don't take normally.



If you are finding it hard to breathe, people at the hospital will have equipment to help you.



**You might need help with your breathing.**

You might need to wear a mask on your face, this will give you Oxygen.



You might need a special machine to help you breathe.

This is called a Ventilator

You will be asleep when the Ventilator is breathing for you.



When you start to get better you will not need the masks or ventilator.



When you are starting to feel better you might want to use the things you brought with you like puzzles, music and books.



If you have a phone you can call family and friends.





Lots of people who go to hospital because of the Coronavirus will get better and will come home.



Sometimes some people with Coronavirus get very poorly and die.



This can sometimes be because they already had another illness.

Sometimes it can be because the Coronavirus had made them too poorly to get better.



It is **VERY** important to remember that this doesn't happen very often and a lot of people get better.

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